



SCCU 50 MILE TIME TRIAL

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

**Sunday 2nd June 2019
Course G50/10**

Official Time Keeper:
Mike Irons, Worthing Excelsior CC

Start 06:01 am

Headquarters:
Dial Post Village Hall, Worthing Road,
Dial Post, West Sussex, **RH13 8NS**

**Handicapped using Cycling Time Trials official tables
Veterans target times from CTT tables**

Event Organiser:

Paul Tunnell, Addiscombe Cycling Club
10 Uppark Gardens, Horsham, West Sussex RH12 5JN

[Home](tel:01403250847): 01403 250 847

[Mobile](tel:07714339575): 07714 339 575

[Email](mailto:paul.tunnell@yahoo.co.uk): paul.tunnell@yahoo.co.uk



SCCU



General Instructions

**IN CONSIDERATION OF
LOCAL
RESIDENTS, NO TURBO
TRAINERS ARE TO BE
USED**

Please park with consideration at the HQ. There is a small car park which will mainly be reserved for officials. Please park on the lane to the South of the hall on the same side of the road, as you will be finishing along this lane. **Numbers will be issued at the HQ.** Please sign on before collecting your number. Body numbers should be placed as low down as possible so that they face to the rear at all times, they should be pinned slightly to the left of centre. Numbers may be exchanged for a drink after the event.

Details of any additional hazards not listed on the start sheet will be displayed or advised at the Signing On point. All competitors must take note of these details when they sign on. Please don't forget to SIGN OUT or you will be DNF.

We suggest that you allow approximately 20 minutes to ride to the start from the HQ.

No times will be given at the finish. On finishing riders should continue along the lane and take great care before returning to the Hall. No U-turns are to be made within sight of the timekeeper

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard shell helmet that meets internationally accepted safety standards. CTT regulations require the compulsory use of helmets for riders under 18 years old.

Competitors Machines:

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

This event carries a handicap competition and any improvements to times shown on entry forms, including first rides at the distance entered, (within 3 days prior to the event) must be notified to the organiser prior to the event, in accordance with CTT Regulation 13(a).

The Village Hall will be open for riders changing and toilet facilities. We have previously had complaints from local people who have witnessed sights that they shouldn't have to – no names mentioned.....**Anyone who fails to make use of the appropriate facility, and causes offence will risk disqualification.**

Although we do our best to ensure the course is fully marshaled, you are reminded that the onus is on the rider to know the course, so please familiarize yourself with the course details.



SCCU



2018 Winner – Mark Smith, Crawley Wheelers 1:48:24

Open awards – all riders eligible:

1 st Fastest Rider	£20
1 st Fastest Lady	£20
1 st Fastest Veteran	£20

SCCU Association awards:

Awarded to members of affiliated clubs and SCCU private members only

Fastest SCCU rider to hold the Vice President's Tankard for one year and £20

2 nd Fastest	£15
3 rd Fastest	£10
Fastest SCCU Lady	£20
Fastest SCCU Junior	£20

Fastest SCCU team of 3 to hold the Roberts Shield for one year and £10 each

1 st Handicap	£20
2 nd Handicap	£15
3 rd Handicap	£10

Please contact the organiser with any improvements in your times up to 3 days prior to the event.

1 st Veteran on Standard	£20
2 nd Veteran on Standard	£15
3 rd Veteran on Standard	£10

Fastest qualifying SCCU rider (N) will hold the Tacagni Cup for one year and £20.

To qualify for the Tacagni Cup, riders must not have ridden a 50-mile time trial during the **current or past three seasons**.

Eligible riders - using available information are marked with # in the rider listings. Please contact the organiser if you were eligible but have subsequently ridden a 50-mile time trial prior to the event.



SCCU



Riders without a handicap (N/A) did not have any previous times on their entry forms, or are ineligible because their club is not affiliated to the SCCU.

START ORDER

Start Time	No	N #	Name	MF	Cat	Club	Vet Target Time	H'cap Allowance	Time
06:01	1		Barrie Foster	Male	Veteran	Anerley BC	02:35:43	00:48:49	
06:02	2	N	Craig Smith	Male	Veteran	Pearson Cycling Club	02:08:43	N/A	
06:03	3		Mike Morley	Male	Veteran	Kingston Phoenix RC	02:43:54	00:43:09	
06:04	4		Robert Royle-evatt	Male	Veteran	Addiscombe CC	02:15:29	00:34:04	
06:05	5	#	Stu Nisbett	Male	Veteran	Crawley Wheelers	02:09:40	N/A	
06:06	6	N	Vince Freeman	Male	Senior	Brighton Triathlon Club		N/A	
06:07	7		John Marinko	Male	Veteran	Brighton Mitre CC	02:18:30	00:19:38	
06:08	8		Chris Hewitt	Male	Senior	Oxted Cycle Club		00:23:44	
06:09	9		Jez Parsons	Male	Veteran	Brighton Excelsior CC	02:17:29	00:23:31	
06:10	10		Dominic Hill	Male	Veteran	Bec CC	02:09:40	00:05:32	
06:11	11		Brian Jones	Male	Veteran	Horsham Cycling	02:33:27	00:39:54	
06:12	12	#	Mik Onions	Male	Veteran	Brighton Mitre CC	02:06:51	N/A	
06:13	13		Colin Chambers	Male	Veteran	Crawley Wheelers	02:18:30	N/A	
06:14	14		James Cheeseman	Male	Senior	N+1 - Lindfield Coffee Works		00:24:00	
06:15	15		Adrian Blacker	Male	Veteran	C and N Cycles RT	02:19:31	00:15:37	

N in the 3rd column indicates non-SCCU riders, target time in red, and **#** indicates eligibility for the Tacagni Cup.



SCCU



Start Time	No	N #	Name	MF	Cat	Club	Vet Target Time	H'cap Allowance	Time
06:16	16		Jackie Dodd	Female	Veteran	Kingston Phoenix RC	02:21:34	00:39:08	
06:17	17		Donald Parker	Male	Veteran	Brighton Mitre CC	02:35:43	00:18:54	
06:18	18	N	Adam Shaw	Male	Senior	Hastings & St. Leonards CC		N/A	
06:19	19		Martin Shoesmith	Male	Veteran	Crawley Wheelers	02:18:30	00:27:31	
06:20	20		Matt Peel	Male	Senior	C and N Cycles RT		00:03:34	
06:21	21		Suzanne Shaw	Female	Veteran	Kingston Phoenix RC	02:16:29	00:37:59	
06:22	22		Shaun Kennedy	Male	Veteran	Bec CC	02:23:40	00:23:04	
06:23	23		Peter Davies	Male	Veteran	Brighton Mitre CC	02:26:51	00:31:41	
06:24	24	N	Raya Hubbell	Female	Senior	Windrush Triathlon Club		N/A	
06:25	25		Rupert Robinson	Male	Veteran	Crawley Wheelers	02:11:34	00:12:58	
06:26	26		David Percival	Male	Veteran	Kingston Phoenix RC	02:15:29	00:37:20	
06:27	27		Tony Truepenny-phillipson	Male	Senior	Bec CC		00:17:03	
06:28	28	#	Sharon Chladek	Female	Veteran	Crawley Wheelers	02:17:29	N/A	
06:29	29		Peter Owen	Male	Veteran	Norwood Paragon CC	02:22:37	00:27:30	
06:30	30	N	Stephen Williamson	Male	Veteran	...a3crg	02:12:33	N/A	

N in the 3rd column indicates non-SCCU riders, target times in red and **#** indicates eligibility for the Tacagni Cup.



SCCU



Start Time	No	N #	Name	MF	Cat	Club	Vet Target Time	H'cap Allowance	Time
06:31	31	#	Stephen Fortune	Male	Vet- eran	Addiscombe CC	02:15:29	N/A	
06:32	32		Gavin Hughes	Male	Vet- eran	Kingston Phoenix RC	02:16:29	00:20:23	
06:33	33		Phil Gall	Male	Vet- eran	Epsom CC	02:13:31	00:31:34	
06:34	34		Ian Leeding	Male	Vet- eran	Norwood Paragon CC	02:14:30	00:26:50	
06:35	35		Paul Batten	Male	Senior	Crawley Wheelers		00:12:08	
06:36	36		Elliott Dickenson	Male	Veteran	Kingston Phoenix RC	02:13:31	00:35:01	
06:37	37	N	James Ryan	Male	Veteran	Team ASL	02:06:51	N/A	
06:38	38	N	Jane Wiley	Female	Veteran	7Oaks Tri Club	02:25:47	N/A	
06:39	39		Peter Moon	Male	Veteran	Eastbourne Rovers CC	02:22:37	00:26:48	
06:40	40	N	Pat Wright	Male	Senior	Paceline RT		N/A	
06:41	41		Katerina Avramides	Female	Senior	Brighton Mitre CC		00:35:56	
06:42	42		Simon Trehearn	Male	Veteran	Kingston Phoenix RC	02:09:40	00:20:08	
06:43	43		Ben Fielden	Male	Veteran	GS Stella	02:43:54	00:29:39	
06:44	44		Shaun Marlor	Male	Veteran	Bec CC	02:10:37	00:25:08	
06:45	45		Iain Duncan	Male	Veteran	Crawley Wheelers	02:11:34	00:11:32	

N in the 3rd column indicates non-SCCU riders, target times in red and **#** indicates eligibility for the Tacagni Cup.



SCCU



Start Time	No	N #	Name	MF	Cat	Club	Vet Target Time	H'cap Allowance	Time
06:46	46	N	Vingaudas Raulinaitis	Male	Senior	GS Avanti		N/A	
06:47	47		Stephen Morgan	Male	Veteran	Tooting BC	02:15:29	00:16:43	
06:48	48		Alan Yule	Male	Veteran	Crawley Wheelers	02:12:33	00:25:05	
06:49	49		Dan Pullen	Male	Veteran	N+1 - Lindfield Coffee Works	02:07:47	00:18:40	
06:50	50		Richard Tully	Male	Veteran	Elite Cycling	02:06:51	00:13:56	
06:51	51		Mark Smith	Male	Veteran	Crawley Wheelers	02:09:40	00:00:25	

Competitors are requested not to warm up on the course after the first competitor has started.

IMPORTANT NOTE:

There are 2 sets of pedestrian crossing lights in Cowfold, which **MUST** be obeyed.

Competitors must exercise extra care when negotiating all roundabouts.

The course will be signed and marshalled, but the onus is on the rider to know where the course goes, especially at the two mini roundabouts at Cowfold.

Please note London South District regulations: No vehicles except the timekeeper shall be parked on the highway within sight of the starting or finishing points.

Riders are reminded that sleeveless cycling tops are not allowed under CTT rules, but are acceptable when worn with an undervest that does have short sleeves.

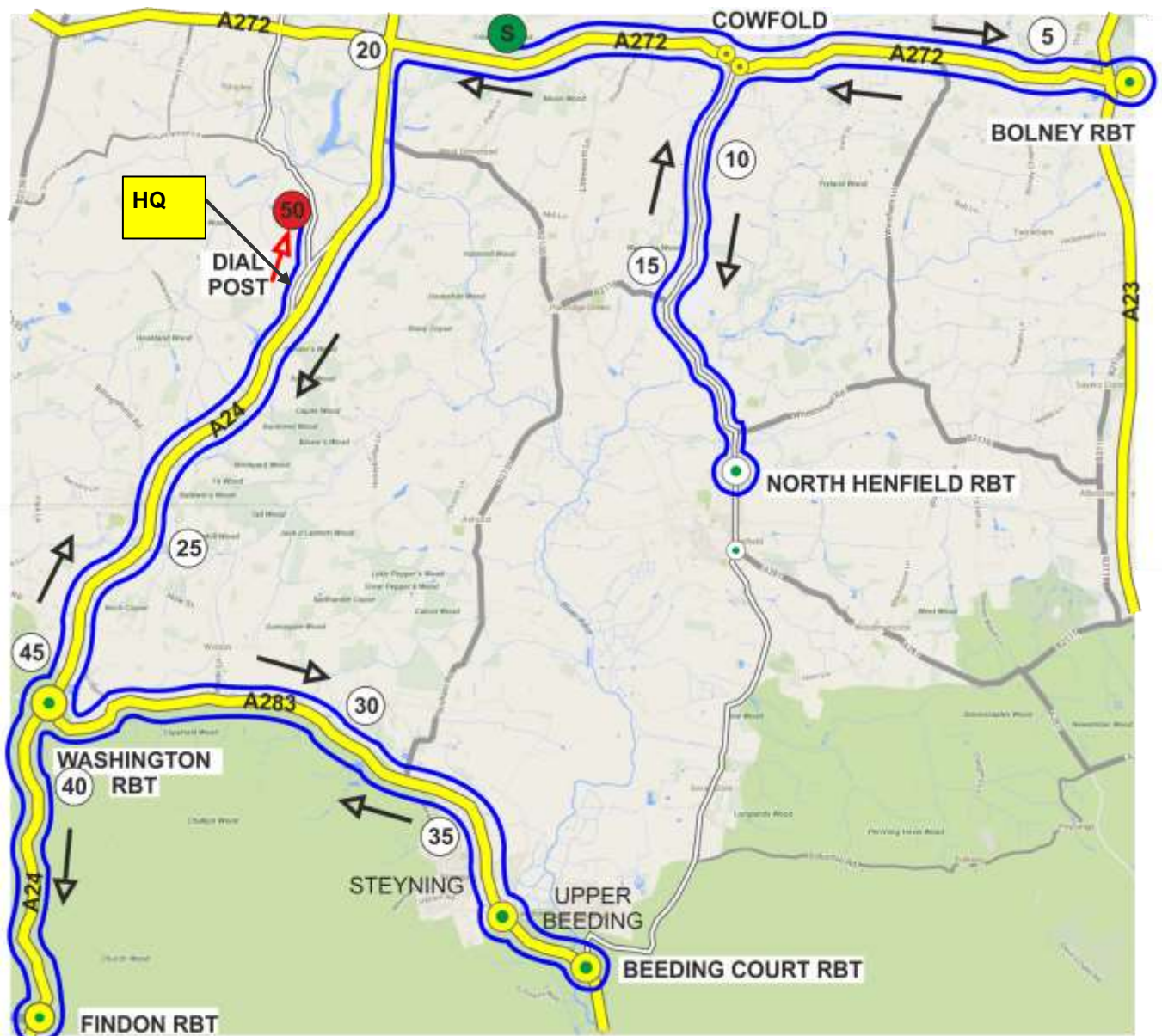


SCCU



Course Map : G50/10

HQ: Dial Post Village Hall, Worthing Road, Dial Post West Sussex RH13 8NS



- Please do not warm up on the course once the first rider has started.
- Please take care at all roundabouts

Heads up, accidents down. Ride safely and enjoy the event.



SCCU



Course Details

CTT LONDON SOUTH DC - 50 MILE COURSE - G50/10

West Grinstead / Bolney / North Henfield / West Grinstead / Washington / Beeding Court / Washington / Findon / Washington / Dial Post – A272/A281/A24/A283

Ordnance Survey Grid Reference #	DETAILS	Distances	
		Interim	Cumu- lative
182225	START on A272 at raised manhole cover on grass verge approximately 50 yards West of entrance to the Orchard at West Grinstead.	0.00	0.00
267224	Proceed East to twin roundabouts (RBTs) at Cowfold. RIGHT 2 nd exit at first LEFT 1 st exit at second. Continue on A272 to Bolney RBT where TURN (CHECK) 3 rd exit to retrace to twin RBTs at Cowfold.	5.49	5.49
215167	LEFT 1 st exit at first RBT and follow A281 to North Henfield RBT where TURN (CHECK) 3 rd exit to retrace to twin RBTs at Cowfold.	7.44	12.93
165227	Straight on 1 st exit at first RBT LEFT 1 st exit at second and follow A272 to West Grinstead crossroads	7.14	20.07
120134	LEFT in filter lane to join A24 and proceed South to Washington RBT	6.69	26.76
197098	LEFT 1 st exit and follow A283 to Bramber Castle RBT. Straight on 3 rd exit to Beeding Court RBT where TURN (CHECK) 3 rd exit to retrace to Bramber Castle RBT	6.09	32.85
120134	3 rd exit and continue on A283 to Washington RBT	6.14	38.99
119089	LEFT 1 st exit and follow A24 to Findon RBT where TURN (CHECK) 4 th exit to retrace to Washington RBT. Straight on 2 nd exit and follow A24 to turn LEFT at Southern entrance to Dial Post Village. LEFT into Swallows Lane to	2.95	41.94
155202	FINISH at tree on Western side of farm gate opposite PP12150 past entrance to Swallows Farm	8.06	50.00

Use OS Landranger Map 198 Brighton and Lewes



SCCU



SOUTHERN COUNTIES CYCLING UNION

Riders without a handicap allowance did not supply a time on their entry forms to calculate from, or are not SCCU members.

N in the 3rd column indicates non-SCCU riders

indicates eligibility for the Tacagni Cup
(not previously ridden a 50 mile time trial during current and past 3 seasons)

Good Luck to everyone for a safe and enjoyable ride.

Paul



Heads Up, Accidents Down!



SCCU



V1.1 24 May 2018